



FELLOWSHIP OF  
**CHRISTIAN**  
**ATHLETES**

## Heart of an Athlete

We would like you to choose one positive attribute (or characteristic, value or Fruit of the Spirit) and answer the following questions for possible use in our quarterly *newsletter* and other FCA ministry resources. **Also, please attach a couple of photos that we can use to publish in the newsletter.**

Name:

Contact information (phone/email – for internal purposes only in case we need to contact you):

Hometown:

School:

Sport(s):

List your chosen attribute:

What is your personal definition of this word?

What are some of your favorite quotes from other people about this word?

What is your favorite Biblical passage that deals with this characteristic?

Why did you choose that particular passage?

Please give an application/example of this word in your life.

How do you apply this word in your sport?

How did you first become involved in FCA?

How active within FCA were/are you?

What is your athletic experience? (Where?)

Please return to:

Central / Western Iowa FCA, 2600 Grand Avenue, Suite 114, Des Moines, IA 50312  
[trishagray@fca.org](mailto:trishagray@fca.org), Fax: 515-727-1868, Phone: 515-727-1868

If you would prefer you can answer this set of questions instead. Or do both if you want. I just need at least one set of the questions answered. Thanks!

Age:

(Hometown) City/State:

School (if applicable):

FCA Role (i.e. Huddle Coach, student-athlete, volunteer, staff):

Favorite Bible verse:

Favorite sport:

Who is your athletic role model?

How has God impacted you through FCA?

Share one tip that helps you be a Christ-like competitor:

Have you signed the Team FCA Competitor's Creed?

Sport(s) and position played, if applicable:

Sports Achievements:

Favorite Pig Out Food:

Favorite Music Groups:

Favorite Books:

Favorite Sports Teams:

Future goals:

The biggest concerns facing youth today are:

The biggest concerns facing Christian youth today are:

Favorite Pastimes:

Other comments: