



Heart of an Athlete

March 2019

Name: Dustin Anthony
Hometown: Edmond, Oklahoma
School: Drake University
Sport(s): Football



List your chosen attribute: Courage

What is your personal definition of this word?

Going after a challenge even if there is no promise of positive outcome.

What are some of your favorite quotes from other people about this word?

- "Courage is being scared to death, but saddling up anyways" – John Wayne
- "Success is not final; failure is not fatal: it is the courage to continue that counts" – Winston Churchill
- "Courage isn't having the strength to go on – it is going on when you don't have the strength" – Napoleon Bonaparte

What is your favorite Biblical passage that deals with this characteristic?

Joshua 1:6 "Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them."

Why did you choose that particular passage?

Leadership references typically resonate with me and as I have seen it takes true courage to stand up to those against you and truer courage to stand up to those beside you. I have also experienced it myself and it hit very near to home.

Please give an application/example of this word in your life.

One example of using courage in my life was going 8 hours, 550 miles, from home for college. I knew nobody, was going to play Division 1 football and have rigorous coursework. I was terrified going into it but stayed true and knew that no matter what God has my back. He directed me this way and since being courageous enough to make the trip up I-35 my relationship with him has grown tremendously.

How do you apply this word in your sport?

Many people think that 6'1" is too short to be a D1 and often times a D2 offensive lineman. Usually defensive linemen are larger than me and I do get nervous about being able to do my job, but I saddle up anyways and go to battle. Anytime a man is significantly larger than me I picture David and Goliath and gain courage to go in and defeat them in every down hand to hand battle.

How did you first become involved in FCA?

In high school I was looking for clubs to join and did not find any that suited my interests until I came across FCA and I fell in love with it and went on to be leader my last 3 years of high school.

How active within FCA were/are you?

Ever since finding FCA in high school I have been very active and then after my freshman year in college was honored with being asked to join the leadership team.

What is your athletic experience? (Where?)

I played every sport growing up then in high school became a four sport athlete all the way through with football, wrestling, powerlifting, and track & field. I am currently finishing up my junior year at Drake University and will be a Redshirt Junior in the Fall of 2019.

What are your future goals?

I have a strong desire to get into sports analytics, football in particular. I think I can change the scouting and recruiting process to find under-rated athletes that get over looked for height, looks, and generally bad programs. In the end I would like to be a General Manager someday.

