



FELLOWSHIP OF  
**CHRISTIAN**  
**ATHLETES**

# Heart of an Athlete

## September 2018

**Name:** Nicole Miller  
**Hometown:** Walker, Iowa  
**School:** Drake University  
**Sport(s):** Women's Basketball



**List your chosen attribute:** Lively

### **What is your personal definition of this word?**

My personal definition of lively is being full of life, joy, and energy.

### **What are some of your favorite quotes from other people about this word?**

*"Not a day goes by where I don't see Nicole shining her liveliness through others. She is constantly brightening the days of everyone around her with her energy, happiness, and radiance."*

*"Nicole shows what it means to be a lover of life. Her strengths come from within, and all stem from the joy and love she has in her heart."*

*"When I think of Nicole I think of someone that is energetic, loving, and spunky. She always has a smile on her face, and is constantly full of life"*

### **What is your favorite Biblical passage that deals with this characteristic?**

Psalm 30:5 – For his anger lasts only a moment, but his favor lasts a lifetime; weeping may stay for the night, but rejoicing comes in the morning.

### **Why did you choose that particular passage?**

I chose this particular verse because I feel that happiness, joy, love, etc. will always conquer anger, bitterness, weeping, etc. I feel that this verse says exactly that. Therefore, I feel it is extremely important to remember that all of the negative emotions are only temporary, and nothing is more powerful than Jesus and the love he has shown and given us.

### **Please give an application/example of this word in your life.**

In my opinion I would apply liveliness to the way I interact with people on a regular basis. I personally feel it is very important to radiate my liveliness to the people around me. Whether it is in the locker room, on the court, in the classroom, etc. I am constantly trying to put a smile on others face because I know how good it feels to smile and be joyful.

**How do you apply this word in your sport?**

On the basketball court I am considered the “spark” of the team. Each and every day I focus on bringing energy. I try and radiate that liveliness to everyone around me to bring up the intensity and tone of practice and/or games.

**How did you first become involved in FCA?**

I first became involved in FCA when I was a freshman in high school. A large number of students at my high school were involved in FCA, so I immediately become very curious as to what it was. I soon fell in love with the idea of getting together monthly with Christian coaches and athletes, like myself, to strengthen my relationship with Christ.

**How active within FCA were/are you?**

I became a FCA leader my sophomore year in high school, and was extremely involved throughout all of high school. I went to various banquets, events, and meetings. Once I got to college, I knew I wanted to continue my involvement in FCA. I began going to the weekly get-togethers my freshman year, and then became a leader at the end of my freshman year and have been one since.

**What is your athletic experience? (Where?)**

I am on the Women’s basketball at Drake University, and my experience has been nothing short of amazing. I have met so many incredible people thanks to the game of basketball, and as my senior season keeps creeping up I can’t help but think about all the incredible experiences I have had my last three and a half years here. From our team bible studies, to our road trips, to winning the MVC, to making it to the NCAA tournament, I can’t thank the Lord enough for blessing me with such a special place.

**What are your future goals?**

I plan to go to PA school to become a Physician’s Assistant!