



## Heart of an Athlete

### March 2017



**Name:** Noah Barr  
**Hometown:** Urbandale, IA  
**School:** Valley High School  
**Sport(s):** Football, Track & Field

**List your chosen attribute:** Integrity

**What is your personal definition of this word?**

Doing the right thing when no one else is looking.

**What are some of your favorite quotes from other people about this word?**

“What you do and what you say defines who you are.” – Chris Barr

**What is your favorite Biblical passage that deals with this characteristic?**

“Do to others as you would have done to you.” Luke 6:31

**Why did you choose that particular passage?**

Because I think this is a major message that Gove gave to us and if we were to all live our lives in such a way, the world would be a better place.

**Please give an application/example of this word in your life.**

I was at the Valley View Public Pool and a man had dropped \$50 on the ground and didn't notice. I returned it to him.

**How do you apply this word in your sport?**

I play the game based on the rules set in place and always resist from cutting corners on workouts.

**How did you first become involved in FCA?**

My dad told me about a leadership opportunity in FCA, so I applied to be a student leader.

**How active within FCA were/are you?**

I am a student leader so I attend leadership meetings and all of the FCA Valley Huddles.

**What is your athletic experience? (Where?)**

Varsity Football at Valley, Varsity Track at Valley

**What are your future goals?**

To deepen my faith and bring glory to God and be happy doing it.

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**Favorite Bible verse:** Luke 6:31 “Do to others as you would have them do to you.”

**Favorite sport:** Football

**Who is your athletic role model?** Tim Tebow

**How has God impacted you through FCA?** He has strengthened my relationships with like-minded individuals and has given me a getaway in FCA.

**Share one tip that helps you be a Christ-like competitor:**  
Do everything, with everything you got, that’s how you glorify God.

**Have you signed the Team FCA Competitor’s Creed?** Yes

**Sport(s) and position played, if applicable:** Football, Wrestling, Baseball, Soccer, Basketball, Track

**Sports Achievements:** Varsity letterman 3 times in track and football, All-State Football honors

**Favorite Pig Out Food:** Meat Lovers Pizza

**Favorite Music Groups:** Tim McGraw, Keith Urban, and Blink 182

**Favorite Books:** Habitudes, Art of Self-Leadership

**Favorite Sports Teams:** Nebraska

**The biggest concerns facing youth today are:** Self-confidence, identity and social media

**The biggest concerns facing Christian youth today are:** The same as above along with integrity.

**Favorite Pastimes:** Hangin with friends and brothers, outdoor activities, sports and card games.

**Other Comments:** Love like there’s no tomorrow!

