



Heart of an Athlete

September 2016

Name: Keaton Minnick
Hometown: Leon, IA
School: Central Decatur
Sport(s): Golf



List your chosen attribute: Determination

What is your personal definition of this word?

My personal definition of the word determination is staying true in the word and doing anything and everything possible to complete the steps that it takes to be successful in whatever you do and never leaving the process.

What are some of your favorite quotes from other people about this word?

Failure keeps you humble, success keeps you glowing, but only Faith and Determination keeps you going.

What is your favorite Biblical passage that deals with this characteristic?

"In his heart a man plans his course, but the LORD determines his steps". Proverbs 16:9

Why did you choose that particular passage?

It speaks truth to me because of the injuries and certain things I've been through to understand what his plan is for me. In my mind my future was in baseball and engineering. Through an injury and many events I've grown close and now understand what he wants me to do with my future. That is to stay determined to working towards one day playing on the Pro Tour and becoming an orthopedic surgeon.

Please give an application/example of this word in your life.

The example of this word in my life is through golf. Staying focused and determined to finish strong in all of my tournaments is big. If I bogie every hole leading up to the last I'm going to work hard to birdie or par it. Finishing strong in everything is crucial and being determined to do it is important.

How do you apply this word in your sport?

I play golf and it couldn't have been summed up any better than by Arnold Palmer in this quote "Golf is deceptively simple and endlessly complicated." That right there explains golf and I've had to stay determined to get through tournaments and seasons before. This junior year was supposed to be a big year for me. I had a lot of things not go my way and didn't perform well at some major tournament this season. Although I stayed determined and true in the word. God's got a great plan and I've got to stay determined to the process it takes to being successful and the process he has before me. If I shoot 7 under par or shoot 7 over par my determination solely

lies in God and all my trust for my future in golf relies solely in God. He knows the path he has laid before me so I would be a fool not to trust and seek him.

How did you first become involved in FCA?

It's a long story but I'll shorten it up. Some of my buddies hung bible verses on the wall at school one day and the teachers got upset and tore them down. They did it for a class and exceeded the expectations of the assignment but because the name Jesus was brought up it wasn't a so called educational activity. So our principle was upset and asked us a different way to spread our word. So that's when FCA came into the picture after some things we saw on Facebook and some others had mentioned it. So we got organized and met with Gary Gravert and got an FCA group planted at FCA. So through all this I got involved in FCA and am still involved. Great organization that spread the word of God to all athletes.

How active within FCA were/are you? Very active

What are your future goals?

My future goals are to attend Iowa State to play golf and work towards my goal of play on the PGA tour. Also study hard and work towards becoming an orthopedic surgeon.

Favorite Bible verse: Matthew 19:26 - 26 "But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

Favorite sport: Golf

Who is your athletic role model? I've got two: Mitchell Traver and Jordan Speith

How has God impacted you through FCA? Growing closer to fellow students and growing closer to the word. Going from listening to sermons and devotionals to sharing them in front of fellow students. Really helps you grow in your faith and gain a great understanding for the word and implementing it into my life.

Share one tip that helps you be a Christ-like competitor: Stay true to the word and understand that God's got a great plan for you and that he's always in control. No matter what adversity you face on and off the field remember who you're playing and living for.

Sport(s) and position played, if applicable: Golf, Baseball RHP

Sports Achievements: Golf Varsity Letter, Freshman, Sophomore, Junior, 2nd Team All-Conference Junior Year, Team Medalist award.

Favorite Pig Out Food: Pizza

Favorite Music Groups: Kutless, Casting Crowns, Lacreia

Favorite Books: Bible, Facing Your Giants By: Max Lucado and The Ed Thomas Story

Favorite Sports Teams: Denver Broncos, Iowa State Golf, Basketball, football and TCU baseball.

Future goals: Attend Iowa State to play golf and work towards my goal of playing on the PGA tour. Also work towards becoming an orthopedic surgeon.

The biggest concerns facing youth today are: The biggest concerns facing youth today is the influence that this world and the changes of this world have on choosing their future and what path they're going to follow. The temptations are always out there, the peer pressure is always out there. Although at a younger age we should build our foundations on God like it says.

The biggest concerns facing Christian youth today are: Staying committed to your faith facing all the changes in schools and in our nation. Standing strong in the word

Favorite Pastimes: Bowhunting, woodworking, fishing, boating and golfing