

Heart of a Coach – March 2016

Name: Jarred Herring
Hometown: Burlington, IA
Alma Mater: University of Northern Iowa
Degree(s): Psychology & Family Service
Coaches: High School Track



List your chosen attribute: Service

What is your personal definition of this word?

Service to me means to put the needs of others before my own, or being willing to help others.

What are some of your favorite quotes from other people about this word?

Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace, and a soul generated by love. – Dr. Martin Luther King Jr.

What is your favorite Biblical passage that deals with this characteristic?

Philippians 2:1-7

So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men.

Why did you choose that particular passage?

I chose this passage because I believe that it clearly states how we as followers of Christ should strive to live our lives. Our lives should not only be about personal happiness, but should be about bringing glory to God through serving others.

Please give an application/example of this word in your life.

In my daily life I apply this through being relational with others. I strive to meet people where they are daily. Romans 12:15 says to rejoice with those who rejoice, and to weep with those who weep. I believe that meeting people where they are in good times and bad times, as well as helping in their time of need is what true service really is.

How do you apply this word in your sport?

I apply service to my role as a track and field coach by serving my athletes, coaches, and our community. I believe that sports open the door impacting individuals and the world far beyond what many believe to be possible. I strive to serve my athletes by not seeking team success for

my own benefit, but by being a stable influence in their lives. I strive to serve them by encouraging them to believe and embrace that they have all been created for a purpose, and that this purpose is unique for each and every one of them. Finally, I strive to serve my student athletes by praying for their salvation, and being the best imitator of Jesus Christ that I can be.

How did you become involved in FCA?

I became involved in FCA while attending college at UNI.

How active within FCA were/are you?

At UNI I was a member of the FCA student leadership team for two years. Here at Hoover I am the sponsor of the FCA Huddle that we are in the process of launching in March.

What is your athletic experience? (Where?)

In high school I participated in football, basketball, and track. In track I was a 4 time Drake Relays Champion, and a 5 time State Champion.

I attended the University of Northern Iowa and was a member of both the Football and Track teams from 2008-2011.

What is your coaching experience? (Where?)

I coached as an assistant football coach from 2012-2014 (Waterloo East, Ankeny, Des Moines Hoover)

I am entering my fourth season as a track coach. I was an assistant at Woodward Academy (2013), and Ankeny (2014). I am entering my second season as Head Coach Track coach at Des Moines Hoover.